

SUMMER ACTIVITIES



WHERE ADVENTURE BEGINS

Aethos Monteorsa is for adrenaline junkies and mindful explorers alike. Winter or summer, campZero is the perfect starting point to explore the great outdoors. But you don't have to go far for a one-of-a-kind experience: you'll find everything you'll need for an unforgettable stay on property.

Slackline

Slacklining is an excellent exercise to increase your body's sense of balance and mental awareness. Learn with the help of our instructors how to maximize the control of the body in the space around you.

Mountain Kinderheim

For our one-of-a-kind program for kids 6 years and up we collaborate with local Alpine Guides! A series of collective outdoor activities, where kids can have fun, learn and bond with other children. The programme ranges from trekking and climbing to cooking.

Gym, Personal Trainer, BoxeCore

Outfitted with equipment by Lacertosis and TechnoGym our gym is a true workout heaven. Get your muscles burning or your heart rate up with a personalized workout. For a serious boost, sign up to one of our signature BoxeCore classes.

Canyoning + Rafting

Recessed streams and winding rivers near Vèrres ensure a spectacular natural setting for canyoning and rafting - the perfect activity for families, friends or teams. We organize half or full day tours with all the necessary equipment.

e-Bike

Discover the fantastic itineraries around Monte Rosa with our new E-Bikes. Ride autonomously or book a local instructor for an unforgettable alpine experience - either way, you will discover and appreciate the wonderful sceneries of Ayas Valley.

4000Mt Experience

Experience the thrill of conquering a peak of 4,000 meters. We have tailored itineraries for all levels. Spend the day in the mountains, or if you're feeling adventurous we can set up camp for the night in a typical bivouac.

Indoor&Outdoor Climbing

Aethos Monterosa features a 14 meter high state-of-the-art climbing wall, with over 30 routes. Climb autonomously or book a class with our in-house instructors. For a true adrenaline experience, head outdoors and hit the rocks - our local Alpine Guides will take you to experience the best route for your level, in total safety.